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Betreff: my private pre-sleep ritual

my private pre-sleep ritual

A giant key to getting up early is sleeping deeply.

There are a number of things I do many evenings to set me up for the renewal that proper rest provides Vitko.

These include:

- a family dinner (with zero devices)
- reading something uplifting
- an epsom salt bath
- prayer and meditation
- writing in my journal

Here are 4 of the top questions I reply to in my journal, as a review of the day:

- Q1.** Where did I grow today?
- Q2.** Who did I help today?
- Q3.** What did I do well today?
- Q4.** How can I make tomorrow better?

Vitko, the front end of the year is the finest time to make a new start. To shed your weaker self. To bring more glory to your natural genius.

I pray that you will reach for your supreme self and make at least one choice that will elevate your life.

Life's too short to miss out on knowing what it's like to operate at your highest level, right?

You're smart so you also understand that...

...the most high-impact (and fastest) way to own your greatness is to have a mentor championing and showing you how the world's highest producing, happy and peaceful people are getting their results.

If you'd like me to become YOUR mentor so I help you make 2023 the best year of your life yet, I'd be happy to be of service to your greatness. **Truly.**

I've handcrafted an absolutely world-class one year mentoring program that will help you get fitter, happier, stronger and ultra successful this New Year. It's called [Your Magnificent Year Mentor](#) and there's nothing quite like it available anywhere.



It's all about real results for real people who have real dreams to make 2023 amazing.

[Memberships are extremely limited so get yours here before doors close and you have to wait another year to get in.](#)

Disclosure: this top online video-based personal transformation program is NOT for everyone. If you want a “magic pill” training program that requires zero effort and no commitment, this isn't for you. And it's better that you don't invest in the one year mentorship with me.

Yet, if you're willing to put in some work and want to see excellent results, [claim your membership here](#) before they are gone.

Ok. Please start the New Year strong. You've been blessed with a fresh slate. A clean 12 months. Do something, no matter how small, to improve the way you think, feel, work and live. Little changes—done daily—cause massive gains, over time.

This is your year! If you make it so.

Love and respect,
Robin



Robin Sharma

Humanitarian + Leadership Missionary

P.S. Vitko, here's what people just like you from across the planet are saying about my online personal transformation programs, just so you know how valuable and powerful they are to create lasting breakthroughs:

“Best investment ever! I signed up and absolutely love this engaging and thought provoking program. I am already seeing BIG returns on my investment.” - Aayansh Prasad, India

“The models, advanced strategies and tools Robin Sharma teaches are like nothing else I've ever experienced. They have helped me take my business to \$100,000,000+, I've lost 13+ kilos, I'm absolutely loving life and truly living my dream. Thank you Robin!” - Johan Petersson, Sweden

“Great ideas and plenty of note-taking going on here. This program is shaping up to be the best investment for me and my business!” - Anita Han, United States

“A year ago I invested in Robin Sharma's program. Since going through this online course, I have lived my best year and achieved more of my business and personal goals than I ever have before. This includes doubling business profits, building a bigger and more focused team of leaders, having more enjoyable family time and

feeling empowered to grow my business by another 100%. This program is the best program I have encountered in the last 20 years of business and delivers 10x results if you follow it.” - Anthony Wilson, Australia

*“Your program made me go from a great business to a multi-million dollar business.”
- Lisette Corbin, France*

“This program is outstanding. It challenges the mindset and pushes the actions. It teaches how to achieve your goals, while protecting happiness at the same time. It's a real game changer!” - Richard Gordon, South Africa

*“The results have been dramatic. The energy levels are unprecedented. We did record sales. I would really recommend everyone to follow the ideas you teach.”
- Aaron Zhao, Hong Kong*

“Loved it! Worth every second! I highly recommend it! Thank you.” - Anaïs Nielsen, Denmark

“One of the top 5 investments in my life.” - Michael Blain, United Kingdom

[Claim one of the few memberships my team has released today here because they will be gone soon.](#)

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Have any questions or comments?

Reach out to us anytime at support@robinsharma.com and our Client Care team will be happy to be of service to you.

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